



# AUSTRALIAN ROUND DANCE

## ASSOCIATION

~ Newsletter ~

Volume 2020/ 2 MAY Edition



~ **DISCLAIMER** ~

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**'ARDA STANDS COMMITTED TO THE ONGOING EDUCATION AND SUPPORT OF ITS  
MEMBERS, ALL ROUND DANCERS  
AND THE FUTURE OF ROUND DANCING'**



**TO EACH AND EVERY MEMBER  
of  
ARDA**

***For your Patience, Acceptance and Participation***

***In the 'historic' Annual General Meeting 2020***

**YOU ARE AMAZING.**



## EMAIL # 7



In the event you missed the final email of the 2020 Annual General Meeting here is the result of the Election and the conclusion of the meeting.

The outcome of the 2020 Election saw a new President take the reins of ARDA

President for 2020-2022    Warwick Armstrong, Qld.

Treasurer for 2020-2022    Anna-Lee Hodalj, NSW

### *Introducing your President, Warwick Armstrong ...*

Thank you to both Bev and Julie for their time and efforts in the roles of President and Treasurer. These positions are voluntary and there is a lot of work that goes on behind the scenes to keep things moving for the betterment of our activity and our association. I am so grateful to the members who took the time to return their ballots for the voting. The extreme percentage of return of votes was amazing. I think I also speak for Anna-Lee in extending our thanks to the members in putting their trust into us for the next two years to ensure we do our best for Australian Round Dancing. We have a fantastic Management Committee with the experience of Chris and Carol added to our new MC members.

We are only a small body of people in the scheme of things but that should not stop us from thinking like a large organisation. There are three things that are common with the successful companies in the world: clarity of purpose, standardisation in their product and dedication of their people. Our people are the most dedicated group you will come across. But there is a lot that we do that is not clear and one of the tasks I have already set the Management Committee is to compliment the Bylaws and Constitution with proper procedures to bring standardisation to our processes. This will affect almost everything we present from the Financial Report, letters that are sent, how things are decided and even through to the way the Standardised Cue Sheets are completed.

One aspect I want to improve is the interaction and input from our membership. There will be a request to the membership asking for volunteers to contribute time on committees. Some of these will be a 12 month duration, some may be as short as one month. But we want more input from our members to build ownership. Another opportunity for members to have their say I am looking to bring in, is in copying the Roundalab Open Comment time prior to their AGM. I am looking to have most of the critical reports, such as Financial, out for members to comment on at least a month before our next AGM. We want no surprises for anyone come the AGM. The AGM time allocation can be so restrictive and so we want to make the most of the time we are given on more constructive things.

On the AGM, thank you Bev for chairing this ground breaking event. They say that necessity is the Mother of invention. Time is something we all had this year so it was the perfect opportunity to involve as many members as possible. And you the membership grabbed this opportunity and used it to send great ideas and thoughts for us to work on. Last year we had just enough to form a quorum at the AGM, this year we had over 90% of the membership active in discussions. We are already looking at changes to reports as suggested. We have already started the benefits and disadvantages analysis of Incorporation. This report will be presented to the membership. The forum opened up opportunities for us to do this type of forum more regularly through the year. Maybe not for as long a period, but maybe we can look at a half yearly email forum where the Management Committee can be open to the membership in a meeting type format.

The Educational Zoom sessions have proved great value. Maybe it is to break the boredom of these uncertain times, but it has certainly shown the opportunity to work with people in the more remote areas. This can be for both practical and theoretical. Dancing and for Cueing. There are endless prospects that can be explored.

I look forward to what we may be able to bring forward in the next 12 months and cannot wait until we are able to dance together in the same hall. Till then stay safe.

Warwick Armstrong, President 2020-2022



Team ARDA is seeking your particular expertise.

Everyone has a talent. Everyone has something to offer.

Not everyone wishes to participate - and we understand.



For those who are willing to volunteer to participate on an ARDA SUB COMMITTEE  
Short term ie. perhaps one month  
Or  
Long term - up to 12 months

We could put your dedicated talent or dedicated interest to use

Team ARDA would like to have a database reflecting your interest and expertise

How to do this?



Send a short profile addressing WHAT you DO BEST

To ARDA Secretary [arda.secretary@gmail.com](mailto:arda.secretary@gmail.com)

This will be forwarded to the Chair of the proposed sub committees

Make sure you include your name, email

Please be assured all/any information you provide will be treated with the utmost respect and privacy.

### SHOWCASE 2019 - Result

#### WINNER

QUEENSLAND NOMINATION - *AF en AF* Ph II Two Step

#### RUNNER UP

VICTORIA - *WHEN I NEED YOU* PH III WZ

*Congratulations to Queensland and Victoria*

Unfortunately a Dancer and Leader/Cuer winner could not be identified as many ballot papers did not circle the category on the ballot paper.

TEAM ARDA thank all members who took the time to complete the ballot paper.





# from your EDUCATION OFFICER

## Online resources – where can I find material.

There are two things that we go looking for – dances and music and these two require two different areas to go looking. We are going to look at the dance side of things here. There is no best way or right way only that there are multiple ways. Quite often the area you are looking for will depend on the level of the dance or dancers you are searching for.

**Roundalab ROQ** – this has been a traditional way of sourcing new dances and is still relevant.

Particularly if looking for easier level dances. Quite often the choreographers of the higher level dances either chose not to submit their material or will not submit until the end of the teaching circuit that operates March to October.

<https://www.roundalab.org/roundsofqtr/roqmenub.php>

Pro's – There is a huge bank of dance suggestions from Phase II – IV. Easily accessed by anyone.

Con's – The choice is purely done by a committee. While a lot of dances are judged on merit, it is not unusual to have novelty, quirky dances or dances selected on who the Choreographer is.

**Roundalab Index of Rounds** – This is a fantastic resource if you are looking for material to a rhythm, level, or Choreographer. I think one of the best tools RAL has ever developed.

<https://www.roundalab.org/PHPGrid/IORGrid.php>

Pro's – Easily accessed. Fantastic choice of filters to narrow down what you are looking for.

Con's – There is no grading system, just a database of dances written. There are some Choreographers that appear to have nothing to do but write dances and put them up so sometimes you might need to sift through those.

**ICBDA** – This is particularly good for looking at material from PH IV up. Since 2013 ICBDA have included PH III in the Convention material but that has not transferred back to this level of dance being put up regularly. At least 30% of the material taught at their Convention will be programmed regularly at festivals elsewhere for a few years so it is handy to look at these. To gain full benefit you need to be a member but at around \$20 US is not expensive. There is also the benefit of accessing their technical manual of movements. There is also a link to the Carousel Report. This details the most dances taught for the month / last 12 months as well as favourite dances for the month. The last month teach list is indicative to what is being taught in the PH IV – VI area.

<https://www.icbda.com/login/>

Pro's – The public front page lists their Hall of Fame dances. These are very popular dances, even though most are PH V & VI. If you are a member there is access to their Convention Top 15 Dances for the last 20 years – almost all are regularly programmed at festivals and these are chosen by the attending dancers – not the teachers. The last 3 years this has been split for the PH III – IV level and PH V – VI level separately.

Con' – You need to be a member to take full advantage.

**Links to other Associations** – There are a lot of associations the world over, but mainly the USA, who publicly list their Rounds of the Month /Quarter. It is a matter of looking for these. I have included a link from the RAL web site that list a lot of these. From some of these there are further links to other associations.

<https://www.roundalab.org/PHP/Links.php>

Paul Zimmer – Paul has started putting together video footage of the easier level dances. A lot old but some new. Worth a look even for curiosity sake. He has done a great job with his Utube site.

<https://www.youtube.com/DanceDemos>

Paula and Warwick Armstrong.





# from your EDUCATION OFFICER

## BODY MECHANICS VERSE STYLING

There is styling and there is technique. Without technique you can have styling, although we are not sure it will be the sort of styling others are looking for. Good technique makes the dancing look effortless; add some styling and it looks like the dancers are enjoying the experience. We tend to start teaching right from the beginning the basics of body mechanics in proper frame which is the first step towards the technique side of things. This can still be taught in layers. The topics covered in this article very much rely on practical demonstration and competing practical exercises, but we will try and deliver this through the written medium. Also, what follows are points and information we have gained from so many wonderful dance instructors in our Round Dance activity.

**Body mechanics** is what we are doing through the body movement and the body's movement systems (muscles, arms, legs) with the least amount of wasted energy and risk of injury whilst executing a dance movement. In short we want to complete the movement the easiest way possible while looking graceful as we do it. It is also placing importance on the fact we need to guide two people through the movement and what we individually do will impact on what the other person can achieve or has to compensate for.

**Styling** on the other hand is what gives the dance originality between dancers. It is expressive and to the individual's own taste and flavour that it is added.

Proper alignment with your partner is the first step towards smooth dancing and understanding body mechanics. Correct alignment helps in understanding why the frame is so important. We like to point out that the alignment is what makes the entry into figures easier and also avoids standing on the other's toes. The frame is what keeps the alignment in check. So right from the start we try and have the men understand where the right hand and arm needs to be. If the hand is too far round the ladies back we can't help but encroach on each other's space. If the lady is not positioning herself far enough to her left then it is harder to feel the tone that should be in the man's right arm. We try and have the new dancer understand the importance of good head position. The head represents a reasonable proportion of the body weight, so if it is in a bad position, we try and show how this can impede or restrict good flowing movement.

Exercise for your students :- have them complete a simple Two Left Turns in Waltz ( 6 steps, 2 measures) . Emphasise that on steps 1 – 3 both dancers will make a concerted effort in keeping their head position left (looking through their own window) and the lead dancer actively looking to where they want to arrive. Then on step 4, look at your partner and feel how the turn becomes difficult to complete.

One aspect of body mechanics is showing how so much more flight and power into a step can be achieved by lowering or softening into the supporting knee before stepping out.

Exercise for the students:- Have them complete a simple Waltz Box. Now we have them complete this by lowering first before stepping out. It is important for the man to also feel this on the second half of the movement by sliding the right toe back before taking weight ( which is what the lady does on step 1). We also like to point out this technique is part of the mechanics used in leading and following. The lowering is the signal to the lady that a step is about to be taken and allowing her the opportunity to step with authority. We then ask to do this again emphasising the heel lead of the person going forward and the lowering of the man enabling the lady to heel lead on her step forward.

CBM & CBMP – possibly the least understood of the tools used in body mechanics. Even dancers who intuitively use this to their advantage do not really understand what it is they are doing.

They just know it feels right. Using the concept of CBM to understand when to commence a turn regarding before or during the step. CBM is the moving of the shoulder towards the opposite moving foot, without the moving foot crossing the path of the weighted foot. CBMP is the standing position that is achieved if CBM occurs, although CBMP can also occur through a twisting type action of the body without foot movement.

Cont'd.



# from your EDUCATION OFFICER

Cont'd from Pg. 4

Exercises for the students: – Waltz, Fwd & Fwd/ Lk, Fwd or, for more advanced dancers, Quickstep Running Fwd Locks. Have the dancers complete these while both dancers are square to LOD (MAN) & RLOD (WOMAN). Then have them rotate slightly on the spot so their “heart is more turned to their partner”. CBMP – now the man’s left side is leading going forward and the woman’s left side is leading going back. Have them complete the movement again in this position. It is important both directions are experienced so do the same using Waltz, Bk & Bk/ Lk, BK, or Quickstep, Running Bk Locks.

It is important to maintain the concept of “keep heart to partner” through dancing. This will help the dancers maintain alignment to their partner even if the concept of mechanics is not understood. A common break in body mechanics is the way the man falls away or ‘opens up’ from his partner in Telemark & and the lady falls away or ‘opens up’ in an Impetus. By this we mean that one or the other completes the turn first.

Exercise for the students:– Have the dancers complete a Telemark by opening out to squarely face DLW. In doing this the dancers will almost take an overstep as step 3. Now have them complete this by maintaining heart to their partner. They will step towards DLW looking over joined hands so progression will follow on this alignment however the man’s centre, or buttonline, will only be facing DLR. Also encourage your students to only take a balance step to complete the movement rather than overstepping and falling out of the movement. With a balance step out, the following step can be lowered into to create power into the next movement. Your students can likewise practise this in an Impetus.

Keeping the head over the weighted foot - neither past nor behind helps maintains balance.

*A simple exercise is to stand with the head forward and try and lower and step out. No power in the step can be achieved.*

**Styling** is an extension of the appearance that is achieved through good body mechanics. It is like the spice or seasoning added to a great meal or like cooking with a great stock rather than just salt. Dancing with good body mechanics allows the dancer the time and the balance and poise to add in styling, such as arm sweeps.

## Benefits of Body Mechanics

- Better posture
- Better leading / following
- Dancing will look more effortless
- Better understanding of how the more complicated movements work
- Prevent some injuries – knees, backs ( hurt feelings and arguments too ☐)
- Allows great styling to be added.

Paula and Warwick Armstrong.

# Let's execute a WHIP TURN around AUS



Cape Leeuwin, WA  
Built in 1895-96  
ARDA has one member in WA. Marilyn is Cueing at both a round dance and square club. In between Marilyn is Convenor of the 62nd ANDSD, 2021. Anthea Matthews is our ARDA State Rep and one of her other roles is as the Secretary of the National Board.



Whitsunday Islands,, one of 74 continental islands of the central coast of Queensland.

From Chris Heyworth, Qld State Rep.  
"We are appreciating the efforts to keep us dancing, even if we are using Zoom. The teaching sessions that Warwick & Paula are hosting are terrific and will keep our appetites whetted until we can get back to the dance floor. Hopefully this is sooner, rather than later. These sessions also give us the opportunity to catch up with interstate friends who we may not see (now) for quite some time.

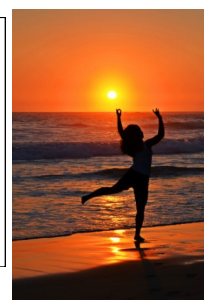


The ship on the left will take you across Bass Strait to Tassie.

Once the 'Spirit of Tasmania' has docked in Devonport, it is only a short drive to Launceston. Why? Because 23, 24 and 25 April 2021, the Launceston Square Dance Club will be celebrating 70 years. The oldest club in Australia. Be there and be in a Square. Di Ashton, TAS State Rep.



A registration form for our 2021 ARDA Conference in Darwin is attached. You too may feel like dancing beneath the sun as it sets over the Arafura Sea! Why not?



Quaint Hahndorf in the Adelaide Hills region. Settled by Lutheran migrants who came down under, circa 1838, aboard the Zebra. Hahndorf is named after the Danish Captain, Dirk Meinerts Hahn. Just a little bit of trivia for you. HOWEVER, turn the page and you will find a reason to travel to South Australia when our borders are re opened. Information from L Tulloch, Convenor SA Festival.



**EDITOR'S NOTE:** In the previous Newsletter there was a request for news items; during the AGM there was a further request for information/news to share ... The deadline has been stretched in anticipation of more news however !!!

If you are the State/Territory representative and your area has something exciting to share PLEASE send it and all the ARDA members can start planning for post 'isolation'. Thanks to those who answered the call.





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All these wonderful  
States/Territories, PLUS  
MORE will be OPEN to all  
Australians  
in the near future.  
Take the opportunity to  
discover AUSTRALIA





## From my laptop to yours with the latest news

Even though the borders in Australia have been closed for a period of time, this has not stopped nor curtailed my contact with many ARDA members.

Best wishes are extended to two SA members SHIRLEY BATES and THELMA McCUE. On Monday 18 May, Shirley fell and landed badly on her knee. After a trip to hospital and copious tests a fractured bone was identified and Shirley has undergone surgery and is now in for a long haul, again, back to the dance floor.

To you Shirley, we ALL send our best wishes for both a speedy and full recovery. Try and keep positive and be back dancing with us all, when we are allowed.

Thelma has struggled with an eye problem that is not responding to treatment and it is, therefore very important for Thelma to stay focussed. Thelma you can beat this and we need you to keep on choreographing dances.

It is with sadness I advise Valentine Rounds will not be reopening after 'iso'.

For many years Val and Ken Bolton have shared their love of round dancing with many, many dancers. Thank you Val and Ken for the wonderful contribution you have made.

If any other member is doing it tough out there please send an email or phone and 'have a chat'. A card may take awhile to reach you however the wishes it contains will be sincere and good wishes do not have a 'use by date'.

The year 2020 has certainly thrown many challenging, and sometimes extremely difficult decisions and conditions to us all in our journey through Life. Decisions none of us ever thought we would have to consider. So enough of the DOOM. Yes, so many events have been cancelled or postponed. On PAGE 8 are some of the events you could diarise and/or plan to attend in 2021 - the events that were postponed and not cancelled. Certainly from where I sit, one of the most challenging times in isolation was the conduct of the AGM, the Election and the reason for copious visits to the Post Office - if I was challenged by the Police. Not sure they would have accepted the Election as 'essential'!!!

### DEADLINE

#### For the next ARDA NEWSLETTER

**PLEASE** send to the Secretary, news, gloom, why you love where you live, events, etc. etc.

**NO LATER THAN 30 JUNE**

## **MY STORY WHY I LIKE WHERE I LIVE**

Being grounded with the isolation rules in place, means I have spent more time in my home over the past eight weeks than in all previous years. Why? Because I have so many activities that include my Round Dance Clubs and Ten Pin Bowling and family to name a few that I attend regularly.

I have not until now been a 'stay at home' person. Some may say I'm a bit of a 'Social Butterfly'??? So when I look down my driveway, or take a little walk down my street that I know so well, I realize I am lucky to **live where I live**.

I am not always alone, I have a lovely neighbour who comes over every couple of days, just to check on me, and to see if there is anything she can do for me. I am grateful for my neighbours, who are always there to share a wave or smile and would be there to lend a hand if needed.

Sixty four years ago my lovely Tom and I, along with our four children, moved into our new home, which has turned out to be permanently.

Why do I **like** where I **live**?

This was a new area, and not long after we came, a new school was built five minutes away. I **liked** it for our children.

A small shopping centre was built at the end of my street with a Delicatessen. I **liked** it. I worked there for three different owners and then we bought it ourselves, which we ran for ten years.

In the last twelve months a Weight Watchers Club opened. I **liked** it, because there I met a new friend who through different circumstances, introduced us to my beloved Round Dancing.

I **loved** it. Tom and I were hooked after our very first lesson. It changed our lives forever.

It was not long before I learnt to cue a dance or two. Five years later we opened our Club [T & T Rounds} twenty nine years ago.

I have had seven different halls, all within seven minutes from my home. How lucky can you get?

I have met so many people from all over Australia and Overseas through Round Dancing. It has taken me to so many National and State Conventions over the years.

I just have to wait out this isolation to get back to all my activities.



***So now you know why I LIKE where I LIVE.***

Thelma McCue, South Australia.

Editor's Note: Thank you Thelma for taking up the request to tell us WHY you LIKE Where YOU LIVE See next page for a few, just a few of the many dances Thelma has choreographed. CAS

Some of THELMA's dances

AU REVOIR 4	PH IV+1	Foxtrot	
BABY IT'S COLD OUTSIDE	PH V	Bolero	
DANCING CLOSE TO YOU	PH V	Foxtrot	
EVERYTHING IN MY DREAMS	PH V+2	Rumba	
EVERYBODY KNOWS IT	PH II+1	Two Step	
FOR VALERIE	PH IV+1	Waltz	
I HADN'T ANYONE TILL YOU	PH IV+1	Foxtrot	
IRRESPONSIBLE	PH IV	Foxtrot	
LUCKY LIPS	PH II+1	Two Step	
MORE THAN EVER RUMBA	PH III	Rumba	
NEAR TO YOU	PH IV+2	Rumba	
OUR LOVE IS HERE TO STAY	PH III+2	FT/JV	
PAINTING A PICTURE	PH IV+2	Rumba	
SWAY WITH ME CHA	PH III	Rumba	
THE FINGER POINTS TO YOU	PH V	Foxtrot	
[IT'S] THE LIGHT IN YOUR EYES	PH III+2	CH/RB	
WALTZ TO SORRENTO	PH IV	Waltz	
WITH A WINK AND A SMILE	PH V	Foxtrot	
I'LL SEE YOU AGAIN WALTZ	PH III	Waltz	
THE VICTORY OF LOVE	PH V	Rumba	head cues only
MICHELLE	PH IV	Foxtrot	head cues only
REMEMBER	PH III+1	Foxtrot	head cues only



Editor's note:  
Choreographing a  
'danceable' dance isn't  
easy. Congratulations  
Thelma for the lovely  
dances you have given us..

*Looking for some new material to present/teach/dance? There are some lovely dances on Thelma's list. Such romantic titles that give you an understanding of the love both Thelma and Tom (dec'd.) shared with the dancing fraternity.*

**Thank you Thelma and SARDA President Shirley Bates for the sharing the above information.**

**Editor's Note ~~**

all articles and photos in this Newsletter have been printed as a matter of courtesy and interest for all. Refer to the 'Disclaimer' on the front page.

In order to **reprint** articles from this Newsletter, and as a matter of courtesy, **permission** should be sought from the **Editor**.

If permission is obtained the appropriate recognition should be given to the author/source of that information.

It is also a matter of courtesy to acknowledge the source/author of information.

# ALWAYS LOOK ON THE BRIGHT SIDE OF LIFE

## PROPOSED EVENTS 2021



The WA State Convention is planned to be held in Kalgoorlie however no date/month is yet available.

<b>JANUARY</b>  <i>Hopefully as we bring in the NEW YEAR , it will be with the knowledge we have a YEAR ahead of dancing.</i>	<b>FEBRUARY</b>	<b>MARCH</b>  <i>Victorian State Square Dance Convention - 12-15 March</i>
<b>APRIL</b> <b>EASTER - 2,3,4,5 April</b>  <b>SARDA 17th Round Dance Festival -</b> <i>Dates to be confirmed. See note</i>  <b>LAUNCESTON Sq Dance Club</b> <b>70 years celebration</b> <b>23, 24, 25 April</b>  <b>41st NSW STATE 30 - 2 May..</b>	<b>MAY</b>  <b>41st NSW STATE -finishes 2 May</b>  <b>ROUNDS BY THE SEA</b> <b>21 May - 23 May 2021</b>	<b>JUNE</b>  <b>ARDA CONFERENCE DARWIN</b> <b>21, 22, 23 June</b>  <b>62nd ANSDC DARWIN</b> <b>24-28 June Bargain registration extended to September 30.</b>  <b>ROUNDALAB, NSDC, ICBDA</b>
<b>JULY</b>  <b>ROUNDALAB, NSDC, ICBDA</b>	<b>AUGUST</b>  <b>SA State Square Dance Conv.</b> <b>27-29th</b>	<b>SEPTEMBER</b>
<b>OCTOBER</b>	<b>NOVEMBER</b>	<b>DECEMBER</b>  <b>Christmas Parties</b>

**EDITOR'S NOTE:** The SARDA Festival has been postponed and while the flyer attached to this Newsletter has the PROPOSED dates as 3 & 4 April 2021. As soon as confirmation of the actual dates is received the news will be shared with the ARDA Membership.





From Helen and Christopher Heyworth, Qld.....

Some of what we have achieved whilst in lockdown has been the revamp of our water feature. Thankfully, a man's favourite shop has not been closed, just harder to get into, especially at weekends. Attached photo of the new water feature.



## News from South Australia with regard to the **FESTIVAL**



Along with the cancellation of so many 2020 events comes news that the 17th SA ROUND DANCE FESTIVAL planned for 3 & 4 October 2020 has been added to the 'not going to happen' events this year.

The Convenor, A Tulloch together with the Festival Committee are discussing an alternative weekend in 2021.

As soon as the Festival Committee reach agreement with all concerned, including the venue, interstate visitors, etc. YOU WILL RECEIVE THE 'thumbs up' and the registration forms for Dancer/Cuer/Showcase details, etc.

Carol - Editor.

**DID YOU KNOW?** If you open up the ARDA website there is a section specifically devoted to Australian Choreographers?

Why not take the time to check out the list? It is quite extensive and there are some great dances.

**DID YOU KNOW?** Australia has 50,000 klms of coastline?

**DID YOU KNOW?** Australia has in excess of 10,000 beaches and this number is more than any other country.

**DID YOU KNOW?** More than 50% of the Aussie population live within 50 klms of a beach?

**DID YOU KNOW?** Australia has over 550 national parks? That is a lot to go and visit.

# BUY Australian BY AUSTRALIANS



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*imported components.*



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**AUSTRALIAN WINES. CIDERS and BEERS** (I'll talk about Aussie BEER next time)

Some of the best wines in the world come from a plethora of wine regions from  
Margaret River, WA;  
Limestone Coast, McLaren Vale, Clare Valley, Barossa, SA  
Mt Tamborine, Qld; Hunter Valley + 13 other regions of NSW;  
20 wine regions = 800 wineries in Vic.

**Not a wine drinker? That's OK because not everyone wants Pain Away ointment.**

**AUSSIE PRODUCTS is what this page is about.**

Editor's Note: The above information was sourced with the best intentions and is only provided for your information. I am not able to control any change of product locations or manufacturing and sales information.



The Management Committee  
waiting to hear from you ..

## **A R D A**

**Of course, you are a member or you would not have this Newsletter to read.**

**however**

**Do you have dancing friends who are not ARDA members?**

**Are there dancers who come to your club who are not ARDA members?**

The ARDA Management Committee is RECRUITING for new members.

With this Newsletter comes an application to join ARDA.

## **ARDA CONFERENCE 2021**

Also attached to his Newsletter is a

**REGISTRATION FORM**  
For the

**ARDA CONFERENCE.**



Darwin is one of the most interesting places Australia has to offer. You can travel far and wide or you could settle around Darwin and explore this amazing place.

A must SEE is the museum that has a spectacular display, with sound effects, of Cyclone Tracy ... the year that Santa did not make it into Darwin.

Lots to see and do after the ARDA Conference and the 62nd ANSDC.

**NO INCREASE IN THE REGISTRATION FEE.**